



# ithirstnw March Bi-monthly Newsletter

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Editor/Publisher:  
-- Sandra Rees-Bowen

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Spring a time of change, a time of renewal, a great time to help build relationships and show Gods love to everyone you meet. - SRB

I always think of March as a month of renewal. Here at Cedarhaven I delight in seeing the small green shoots of the Crocus's I planted in front of my daughter's bedroom window quickly emerging from their winter sleep. Life is once again renewing itself.

This is the perfect time to renew your relationship with God. Get your whole family involved. Christ died on the cross for our sins and was born again. How impossible was that? Impossible for us, but not for Him.

It is time to become reborn ourselves, to be better parents, better spouses, and better friends. But, do not go it alone -- talk with a Pastor and get involved in a small group. Read books from Dr. Dobson, Max Lucado, or other Christian authors...and, of course, <http://ithirstnw.net/>.

Happy Spring and Blessings to you all!

*Sandra*

--Sandra Rees-Bowen, Editor  
<http://ithirstnw.net/>  
<http://ithirstnw.wordpress.com/>

## Inspirational

### Contentment

By  
Charles Swindoll

Laurence J. Peter and I are close friends. No, actually, we've never met, but we've visited together numerous times. We've never even shaken hands, but we've been in agreement ever since we crossed paths. Although I've never laid eyes on him, I've smiled at his comments and nodded at his conclusions . . . amazed with his remarkable insight into my own life and those around me.

The simple and obvious answer to the riddle is this: I own a copy of his book *The Peter Prescription*, and you should too! It's an insignificant looking paperback filled with significant, sound principles. He says it talks about "How to be Creative, Confident, and Competent," but I think he's overlooked a better word: How to be *Content*.

Isn't it strange that we need a book to help us experience what ought to come naturally? No, not really . . . not when its major theme is contentment . . . not when we've been programmed to compete, achieve, increase, fight, and worry our way up the so-called "ladder of success" (which few can even define).  
( To read the completed article, click -> <http://tinyurl.com/yzcxfbb> )

**Colossians 1:4-6 (NIV)**

<sup>4</sup>because we have heard of your faith in Christ Jesus and of the love you have for all the saints—

<sup>5</sup>the faith and love that spring from the hope that is stored up for you in heaven and that you have already heard about in the word of truth, the gospel

<sup>6</sup>that has come to you. All over the world this gospel is bearing fruit and growing, just as it has been doing among you since the day you heard it and understood God's grace in all its truth.

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PLEASE FEEL FREE TO SHARE  
THIS NEWSLETTER WITH  
OTHERS.

Ithirstnw bi-monthly newsletter

<http://ithirstnw.net/>  
Inspiration and Love

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**Seven Priorities for Great Parenting**

by

Dennis and Barbara Rainey

Do you ever feel like your brain might explode if you have to remember *one more thing*? It's no wonder—we've got a lot to remember! Passwords to access the computer and different websites. A code for voice mail. A PIN number for the ATM at your bank. Home phone numbers and cellphone numbers.

Parents certainly feel the pain brought by information glut. Everywhere we turn someone is offering more advice on how to do it right with our children. We would like to help you simplify your priorities as a parent--whether your children are pe-schoolers, preadolescents, teenagers, or even young adults.

Let's pretend we are old friends who, after several years, have just bumped into each other while making connections at O'Hare Airport in Chicago. After exchanging greetings, you begin telling us about some of your struggles as a parent. We nod and smile—"Been there. Done that. Several times."

(To read complete article click=> <http://tinyurl.com/yl7yarq> )

**NEWS OF INTEREST****News Briefs:**

**So-called Hate Speech** -> <http://tinyurl.com/yzl3bmh>

**May Day, Testing of Faith** -> <http://tinyurl.com/yexvwno>

**Adoption Initiative Halves Numbers of Kids Needing Families** ->

<http://tinyurl.com/yf9433q>

**Release delayed for U.S. missionary in Haiti**

Fri Mar 5, 2010 6:27pm EST

By Joseph Guyler Delva

PORT-AU-PRINCE, March 5 (Reuters) - A Haitian judge on Friday signed an order to free one of two U.S. missionaries imprisoned on child kidnapping charges, but a paperwork problem delayed her release.

The order will allow U.S. citizen Charisa Coulter to leave the Caribbean nation but the leader of the group of missionaries, Laura Silsby, was to remain in jail, said judge Bernard Sainvil.

Haitian authorities in January arrested 10 Americans, most of them members of a Baptist church in Idaho, on charges that they tried to take 33 Haitian children out of the country without proper documents.

The case put a spotlight on the vulnerability of thousands of children orphaned in a Jan. 12 earthquake that killed as many as 300,000 people, according to government estimates.

(To read complete article click=> <http://tinyurl.com/ydtrwcb>)